



FOOD BAG PROJECT

Midstream College Primary School reaches out to families in need by providing basic non-perishable food and other household items. Through partnering with KSM, we would like to optimally and effectively provide as much non-perishable food as possible to families in need. Food bags get filled by families on a monthly basis and dropped off at the school, and are then handed over to KSM for distribution.

PRESCRIBED CONTENT

Material carry bag
Tea (26 sachets) or coffee (100 g)
Sugar (500g)
White maize meal (2,5 kg)
Macaroni (500g) or spaghetti (500 g)
2-Minute Noodles (2 packets of 73 g)
Rice (500 g)
Soya mince (200 g)
Canned sardines (400g) or tuna (170 g)
Canned baked beans (410 g)
Canned mixed vegetables (410 g)
Canned bully beef (300 g)
Soup (2 packets of 50 g - any flavour)
Peanut butter (410 g)
Powdered milk (500 g - no blends)
Toothpaste - any flavour (75 ml)
Packet sweet biscuits (90 g)

The value of the food bag is approximately R275-R300.

DATES FOR HANDING IN FOOD BAGS

23 Feb. | 16 Mar. | 27 Apr. | 25 May | 22 Jun.
27 Jul. | 24 Aug. | 21 Sep. | 26 Oct. | 23 Nov.

If you prefer to sponsor a foodbag, you can make a direct contribution to:
kerksondermure
Absa Centurion
Branch: 632005
Account No.: 28 905 800 95
Reference: Foodbag Project

*Thank you for your
life changing contribution.*

WHO TO CONTACT:

Carina de Villiers
(Midstream College Primary Skool)
carinadv@midstreamcollege.co.za
012 661 0590